

# PREP™ PREMIUM



## THE RANGE

INTRODUCING OUR PREMIUM RANGE  
OF SPECIALITY OILS AND BALSAMIC  
VINEGARS SPECIFICALLY DEVELOPED  
WITH THE CATERER IN MIND.

# INFUSED OLIVE OILS

THE PREP PREMIUM RANGE OF INFUSED OILS HAS BEEN DESIGNED TO OFFER CHEFS A QUICK AND FLAVOUR RICH SOLUTION TO THEIR MENUS. THE RANGE INCLUDES BASIL, CHILLI, GARLIC AND LEMON. THESE OILS ARE CREATED USING A UNIQUE INFUSION PROCESS COMBINING PREMIUM QUALITY OLIVE AND SUNFLOWER OIL WITH REAL, FRESH INGREDIENTS.



# BASIL INFUSED OIL MADE WITH FRESH BASIL

THE DISTINCTIVE AROMA OF BASIL IS THE PERFECT ACCOMPANIMENT TO ANY ITALIAN CUISINE. THIS DELICIOUS OIL PAIRS WONDERFULLY WITH ALL TOMATO BASED DISHES. USE AS A SALAD DRESSING, DRIZZLE OVER VEGETABLES, PASTA, PIZZA OR SEAFOOD.



# LEMON INFUSED OIL MADE WITH FRESH LEMONS

THE ZESTY FRESH TASTE OF THIS INFUSED OIL IS THE PERFECT COMPLEMENT TO FISH, POULTRY, VEGETABLES AND AS A SALAD DRESSING. WITH ITS AROMATIC FLAVOUR THIS OIL ADDS A TANGY TWIST TO A VARIETY OF DISHES.



# CHILLI INFUSED OIL MADE WITH FRESH CHILLIES

PRODUCED WITH THE FINEST CHILLIES TO CREATE A HEATED SHARP FLAVOUR. THIS OIL HAS AN EXCELLENT WAY OF CREATING AN EXTRA SPICY KICK TO GRILLED AND BARBECUED MEATS, FISH OR VEGETABLES. GREAT AS A MARINADE OR FOR ADDING HEAT TO SAUCES, DIPS AND STIR-FRY'S.



# GARLIC INFUSED OIL MADE WITH FRESH GARLIC

ONLY THE FRESHEST GARLIC CLOVES ARE USED TO ENHANCE THIS GARLIC SENSATION. FOR A WHOLESOME TASTY FLAVOUR WHY NOT USE AS A MARINADE OR AS AN ADDITIONAL INGREDIENT IN A SAUCE? IDEAL WITH GRILLED AND ROASTED DISHES AND EXCELLENT DRIZZLED OVER SALADS.



# SEED AND NUT OILS

THE PREP PREMIUM RANGE OF SEED AND NUT OILS BRINGS THAT AUTHENTIC AND TRADITIONAL TASTE TO ORIENTAL DISHES.



## TOASTED SESAME OIL IDEAL FOR ORIENTAL DISHES

OFFERS A TRUE TASTE OF THE ORIENT, WITH A VERY STRONG FLAVOUR AND A RICH, DARK COLOUR. IT CAN BE HEATED TO HIGH TEMPERATURES ALLOWING CHEFS TO STIR-FRY AUTHENTICALLY. THE OIL ADDS A DELICIOUS NUTTY FLAVOUR WHEN SPRINKLED OVER SALADS, NOODLES, VEGETABLES AND OTHER ORIENTAL SPECIALS. IT IS ALSO EXCELLENT FOR MARINATING MEAT AND FISH PRIOR TO COOKING.



## GROUNDNUT SMOOTH OIL IDEAL FOR FRIED DISHES

IS EXTRACTED FROM PEANUTS AND HAS A SUBTLE, PLEASANT FLAVOUR TO ENHANCE DISHES WITHOUT OVERWHELMING THEM. IT CAN ALSO BE HEATED TO HIGH TEMPERATURES, MAKING IT NOT ONLY EXCELLENT FOR STIR-FRIES, BUT ALL TYPES OF SHALLOW FRIED AND GRIDDLED FOOD.

## SUNFLOWER OIL

THIS VERSATILE OIL IS VALUED FOR ITS FRYING PERFORMANCE AS IT CAN BE HEATED TO HIGH TEMPERATURES, WHICH MAKES IT PERFECT FOR STIR-FRYING, SHALLOW FRYING AND GRIDDLING. SUNFLOWER OIL IS ALSO AN IDEAL BASE FOR MAKING SALAD DRESSINGS WITH ITS MILD AND LIGHT FLAVOUR.

## GRIDDLING OIL

WITH ITS NEUTRAL TASTE, THIS OIL IS AN ALL ROUNDER IN FRYING FLEXIBILITY. IT IS FANTASTIC FOR STIR-FRYING, SHALLOW FRYING AND PROVIDES A NON-STICK BASE FOR GRIDDLING MEATS.

## RAPESEED OIL

THIS IS A HIGHLY VERSATILE OIL WITH A NEUTRAL TASTE. AS IT HAS A HIGH SMOKE POINT, IT'S SUITABLE FOR STIR FRYING, GRIDDLING AND ROASTING.



# BALSAMIC VINEGAR



THE PREP PREMIUM BALSAMIC VINEGAR RANGE ORIGINATES FROM THE TRADITIONAL REGION OF MODENA, ITALY.

TO ENHANCE THE DISTINCTIVELY RICH AND SWEET FLAVOUR OF THESE VINEGARS THEY ARE PATIENTLY MATURED IN WOODEN CASKS.

THE FULL FLAVOUR OF THESE CERTIFIED TWO LEAF BALSAMIC VINEGARS MAKES THE PERFECT ACCOMPANIMENT TO SALAD DRESSINGS, MARINADES OR EVEN LIGHTLY DRIZZLED OVER GRILLED MEATS AND FISH. SERVE AS A DIPPING OIL WITH OLIVE OIL AND A SELECTION OF WARM BREADS FOR A MEDITERRANEAN EXPERIENCE.

## BLAZE BALSAMIC GLAZE

THIS GLAZE HAS ALL THE AUTHENTIC FLAVOUR AND AROMA OF BALSAMIC VINEGAR COMBINED WITH AN INCREDIBLE THICK SYRUPY TEXTURE. WITH ITS RICH SWEET FLAVOUR THIS PRODUCT IS IDEAL FOR SAVOURY AND SWEET APPLICATIONS.

DRIZZLE OVER SALADS AND ROASTED VEGETABLES OR MARINATE MEATS. ADD A SPECIAL TOUCH BY SPRINKLING ON TO FRESH STRAWBERRIES AND ICE CREAM. DAZZLE YOUR CUSTOMERS' EXPERIENCE BY ADDING THAT DECORATIVE TOUCH TO COMPLETED DISHES.



# PRODUCT USAGES

Product	Stir Frying	Griddling	Roasting	Shallow Frying	Marinating	Drizzling	Dipping	Salad Base
<b>INFUSED OILS</b>								
Basil Infused Oil			✓		✓	✓	✓	✓
Chilli Infused Oil	✓	✓	✓	✓	✓		✓	✓
Lemon Infused Oil		✓			✓	✓		✓
Garlic Infused Oil	✓	✓	✓	✓	✓	✓	✓	✓
<b>SEED &amp; NUT OILS</b>								
Toasted Sesame Oil	✓	✓	✓	✓	✓	✓		
Groundnut Oil	✓	✓	✓	✓				
Sunflower Oil	✓	✓	✓	✓				✓
Rapeseed Oil	✓	✓	✓	✓				✓
Griddling Oil	✓	✓	✓	✓				
<b>BALSAMIC VINEGARS</b>								
Balsamic Vinegar						✓	✓	✓
Blaze Balsamic Glaze						✓	✓	✓

Manufactured in the UK by AAK Foodservice,  
a division of AAK UK LTD.  
King George Dock, Hull, HU9 5PX

Tel: +44(0) 1482 701217

Fax: +44(0) 1482 709447

Website: [www.prepoils.co.uk](http://www.prepoils.co.uk)

Email: [prepfs@aak.com](mailto:prepfs@aak.com)